

Montag , 10.04

Dienstag , 11.04

09:00 - 09:55

Dance Aerobic / Dance Mix
Beatriz

10:00 - 10:55

Pilates
Beatriz

18:00 - 18:55

Pump
Ruth

19:10 - 20:05

Fitboxe
Ruth

Mittwoch , 12.04

09:30 - 10:25

Functional Workout
Barbara

18:30 - 19:25

Kick Power
Sarah

Donnerstag , 13.04

17:30 - 18:25

Zumba
Josephine

18:45 - 19:40

Power Yoga
Pedro

Freitag , 14.04

09:00 - 09:55

Pump
Asena

10:05 - 11:00

Yoga
Pedro

Samstag , 15.04

10:15 - 11:10

Fitboxe
Rebecca

Sonntag , 16.04