

Montag , 18.03

09:10 - 10:05

BodyART International
Franziska

12:15 - 13:10

Pilates
Babette

17:45 - 18:40

Pump
Christian

20:00 - 20:55

Bodybalance
Jacqueline

Dienstag , 19.03

09:10 - 10:05

Pump
Natascha

12:15 - 13:10

BodyART International
Mirjam

17:45 - 18:40

Pump
Esther

18:50 - 19:45

Pilates
Liliane

Mittwoch , 20.03

06:30 - 07:25

Cycling
Adriano

09:10 - 10:05

BBP (Bauch, Beine, Po) / Bodytone
Serena

12:15 - 13:10

Interval Training
Mirjam

17:30 - 18:25

Pump
Sonia

18:45 - 19:40

Bodycombat
Sonia

Donnerstag , 21.03

12:15 - 13:10

BodyART International
Mirjam

18:00 - 18:55

Cycling
Marcel

19:15 - 20:10

Pump
Andrea

Freitag , 22.03

09:10 - 10:05

BBP (Bauch, Beine, Po) / Bodytone
Jacqueline

10:20 - 11:15

Pilates
Serena

12:15 - 13:10

Bodycombat
Jacqueline

17:30 - 18:25

Cycling
Adriano

18:40 - 19:35

BodyART International
Mirjam

Samstag , 23.03

09:30 - 10:25

Pump
Christian

10:35 - 11:30

Bodycombat
Jacqueline

11:45 - 12:40

Bodybalance
Jacqueline

Sonntag , 24.03

11:30 - 12:25

Interval Training
Mirjam

12:30 - 13:00

Bauch Express
Mirjam