

Montag , 30.01

09:10 - 10:05

BodyART
 International
 Mirjam

12:15 - 13:10

BBP (Bauch, Beine,
 Po) / Bodytone
 Liliane

17:45 - 18:40

Pump
 Christian

18:50 - 19:45

Bodycombat
 Michael

20:00 - 20:55

Bodybalance
 Jacqueline

Dienstag , 31.01

09:10 - 10:05

Pump
 Natascha

12:15 - 13:10

Yoga
 Irene

17:45 - 18:40

Pump
 Esther

19:00 - 19:55

Pilates
 Simone Lisa

Mittwoch , 01.02

06:30 - 07:25

Cycling
 Adriano

09:10 - 10:05

BBP (Bauch, Beine,
 Po) / Bodytone
 Serena

12:15 - 13:10

Interval Training
 Mirjam

17:30 - 18:25

Pump
 Ariane

18:45 - 19:40

Bodycombat
 Laura

Donnerstag , 02.02

12:15 - 13:10

BodyART International
 Mirjam

18:00 - 18:55

Cycling
 Marcel

19:15 - 20:10

Pump
 Andrea

Freitag , 03.02

09:10 - 10:05

BBP (Bauch, Beine,
 Po) / Bodytone
 Jacqueline

10:20 - 11:15

Pilates
 Serena

12:15 - 13:10

Bodycombat
 Jacqueline

17:30 - 18:25

Cycling
 Adriano

18:40 - 19:35

BodyART
 International
 Mirjam

Samstag , 04.02

09:30 - 10:25

Pump
 Jeannine

10:35 - 11:30

Bodycombat
 Jacqueline

11:45 - 12:40

Bodybalance
 Jacqueline

Sonntag , 05.02

11:30 - 12:25

Interval Training
 Mirjam

12:30 - 13:00

Bauch Express
 Mirjam