

Montag , 01.08

09:30 - 10:25

Pump
 Ariane

10:40 - 11:35

Bodycombat
 Ariane

18:00 - 18:55

BodyART International
 Mirjam

Dienstag , 02.08

09:10 - 10:05

Pump
 Eliane

12:15 - 13:10

Yoga
 Irene

17:45 - 18:40

Pump
 Christian

19:00 - 19:55

Pilates
 Michèle

Mittwoch , 03.08

06:30 - 07:25

Cycling
 Adriano

09:10 - 10:05

BBP (Bauch, Beine, Po) / Bodytone
 Serena

12:15 - 13:10

Interval Training
 Mirjam

17:30 - 18:25

Pump
 Ariane

18:45 - 19:40

Bodycombat
 Laura

Donnerstag , 04.08

12:15 - 13:10

BodyART International
 Mirjam

19:15 - 20:10

Pump
 Andrea

Freitag , 05.08

09:10 - 10:05

BBP (Bauch, Beine, Po) / Bodytone
 Serena

10:20 - 11:15

Pilates
 Serena

12:15 - 13:10

Bodycombat
 Michael

17:30 - 18:25

Cycling
 Adriano

18:40 - 19:35

BodyART International
 Mirjam

Samstag , 06.08

09:30 - 10:25

Bodystyling
 Mirjam

10:35 - 11:30

Bodycombat
 Michael

11:45 - 12:40

Bodybalance
 Rebekka

Sonntag , 07.08

11:30 - 12:45

Interval Training
 Mirjam