

Montag , 04.07

09:00 - 09:55

Pilates
Oxana

12:15 - 12:45

P.I.I.T
Céline

17:50 - 18:45

Fitboxe
Ruth

19:00 - 19:55

Zumba
Andrea

Dienstag , 05.07

17:25 - 18:20

TRX
Carmelina

18:30 - 19:25

Power Yoga
Pedro

Mittwoch , 06.07

16:55 - 17:50

Pump
Andrea

18:00 - 18:55

Pilates
Beatriz

Donnerstag , 07.07

12:15 - 12:45

Simply Core
Antoinette

17:30 - 18:25

TRX
Brigitte

18:40 - 19:35

Dance Aerobic / Dance
Mix
Nadia

Freitag , 08.07

12:15 - 13:10

Fitboxe
Maddalena

17:30 - 18:25

Yoga
Pedro

Samstag , 09.07

Sonntag , 10.07