

Fahrplan update Fitness Bern Marktgasse

Montag, 10.01

09:00 - 09:55

Pilates
Lisa

12:15 - 12:45

P.I.I.T
Céline

17:50 - 18:45

Fitboxe
Sarah

19:00 - 19:55

Zumba
Andrea

Dienstag, 11.01

16:45 - 17:15

P.I.I.T
Barbara

17:25 - 18:20

TRX
Carmelina

18:30 - 19:25

Power Yoga
Pedro

Mittwoch, 12.01

09:00 - 09:55

Zumba
Elizabeth

16:55 - 17:50

Pump
Andrea

18:00 - 18:55

Pilates
Beatriz

Donnerstag, 13.01

12:15 - 12:45

Simply Core
Antoinette

17:30 - 18:25

TRX
Brigitte

18:40 - 19:35

Zumba
Joana

Freitag, 14.01

12:15 - 13:10

Fitboxe
Maddalena

17:30 - 18:25

Yoga
Maya

Samstag, 15.01

Sonntag, 16.01