

Monday, 06.12

09:15 - 10:10 BodyART International Mirjam	17:45 - 18:40 Pump Christian	20:00 - 20:55 Pilates Michèle
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Tuesday, 07.12

09:10 - 10:05 BBP (Bauch, Beine, Po) / Bodytone Antoinette	17:45 - 18:40 Pump Esther	19:00 - 19:55 Pilates Simone Lisa
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Wednesday, 08.12

06:30 - 07:25 Cycling Adriano	09:10 - 10:05 BBP (Bauch, Beine, Po) / Bodytone Serena	12:15 - 13:10 Interval Training Mirjam	17:30 - 18:25 Pump Christian	18:45 - 19:40 Bodycombat Laura	19:50 - 21:05 Power Yoga Irene
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Thursday, 09.12

12:15 - 13:10 Pilates Christina	18:00 - 18:55 Cycling Marcel	19:15 - 20:10 Pump Andrea
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Friday, 10.12

09:10 - 10:05 BBP (Bauch, Beine, Po) / Bodytone Jacqueline	10:20 - 11:15 Pilates Serena	12:15 - 13:10 Bodycombat Jacqueline	17:30 - 18:25 Cycling Adriano	18:40 - 19:35 BodyART International Mirjam
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Saturday, 11.12

09:30 - 10:25 Pump Jeannine	10:35 - 11:30 Bodycombat Jacqueline	11:45 - 12:40 Bodybalance Jacqueline
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Sunday, 12.12

11:30 - 12:45 Interval Training Mirjam
