

### Montag , 09.10

**09:00 - 09:55**

*Pilates*  
Lei Rae

**12:15 - 12:45**

*P.I.I.T*  
Céline H.

**17:50 - 18:45**

*Fitboxe*  
Sarah

**19:00 - 19:55**

*Zumba*  
Andrea

### Dienstag , 10.10

**12:15 - 12:45**

*P.I.I.T*  
Céline H.

**17:25 - 18:20**

*TRX*  
Sibylle

**18:30 - 19:25**

*Power Yoga*  
Pedro

### Mittwoch , 11.10

**12:15 - 13:00**

*TRX*  
Luca

**18:00 - 18:55**

*Pilates*  
Beatriz

### Donnerstag , 12.10

**12:15 - 12:45**

*Simply Core*  
Lea

**17:30 - 18:25**

*TRX*  
Brigitte

**18:40 - 19:35**

*Dance Aerobic / Dance  
Mix*  
Monika

### Freitag , 13.10

**12:15 - 13:10**

*Fitboxe*  
Ruth

**17:30 - 18:25**

*Yoga*  
Pedro

### Samstag , 14.10

### Sonntag , 15.10