

Monday, 06.12

09:00 - 09:55

Pilates
Lisa

12:15 - 12:45

P.I.I.T
Antoinette

17:50 - 18:45

Fitboxe
Céline

19:00 - 19:55

Zumba
Andrea

Tuesday, 07.12

12:15 - 13:10

TRX
Carmelina

18:30 - 19:25

Power Yoga
Pedro

Wednesday, 08.12

16:55 - 17:50

Pump
Andrea

18:00 - 18:55

Pilates
Beatriz

Thursday, 09.12

12:15 - 12:45

Simply Core
Antoinette

16:30 - 17:15

Functional Workout
Vanessa

17:30 - 18:25

TRX
Brigitte

18:40 - 19:35

Zumba
Joana

Friday, 10.12

12:15 - 13:10

Fitboxe
Team

17:30 - 18:25

Yoga
Maya

Saturday, 11.12

Sunday, 12.12