

Montag , 08.01

09:30 - 10:25

Toning
Daniela

18:30 - 19:25

*BBP (Bauch, Beine, Po) /
Bodytone*
Natasha

19:30 - 20:00

P.I.I.T
Natasha

Dienstag , 09.01

18:00 - 18:55

Pilates
Natalie

19:00 - 19:55

Step
Bärbel

Mittwoch , 10.01

Donnerstag , 11.01

Freitag , 12.01

Samstag , 13.01

10:00 - 10:55

Pump
Natalie

Sonntag , 14.01