

Montag , 11.12

09:30 - 10:25

Latin Dance
Segundo

18:30 - 19:25

*BBP (Bauch, Beine, Po) /
Bodytone*
Natasha

19:30 - 20:00

P.I.I.T
Natasha

Dienstag , 12.12

18:00 - 18:55

Pilates
Natalie

19:00 - 19:55

Step
Bärbel

Mittwoch , 13.12

18:30 - 19:25

Core Training
Annette

Donnerstag , 14.12

Freitag , 15.12

09:30 - 10:25

Toning
Bärbel

Samstag , 16.12

10:00 - 10:55

Pump
Natalie

Sonntag , 17.12