

Montag , 04.12

09:30 - 10:25

Latin Dance
Segundo

18:30 - 19:25

*BBP (Bauch, Beine, Po) /
Bodytone*
Natasha

19:30 - 20:00

P.I.I.T
Natasha

Dienstag , 05.12

18:00 - 18:55

Pilates
Natalie

19:00 - 19:55

Step
Bärbel

Mittwoch , 06.12

18:30 - 19:25

Core Training
Annette

Donnerstag , 07.12

Freitag , 08.12

09:30 - 10:25

Toning
Daniela

Samstag , 09.12

10:00 - 10:55

Pump
Natalie

Sonntag , 10.12