

Montag , 09.10

09:10 - 10:05

Latin Dance
Segundo

19:00 - 19:55

BBP (Bauch, Beine, Po) /
Bodytone
Natalie

Dienstag , 10.10

18:00 - 18:55

Pilates
Natalie

19:00 - 19:55

Step
Bärbel

Mittwoch , 11.10

18:30 - 19:25

Core Training
Natalie

Donnerstag , 12.10

Freitag , 13.10

09:10 - 10:05

Toning
Natalie

Samstag , 14.10

10:00 - 10:55

Pump
Natalie

Sonntag , 15.10