

Montag , 25.09

18:30 - 19:00

P.I.I.T
Natasha

19:00 - 19:55

BBP (Bauch, Beine, Po) /
Bodytone
Natasha

Dienstag , 26.09

18:00 - 18:55

Pilates
Natalie

19:00 - 19:55

Step'n Tone
Natalie

Mittwoch , 27.09

18:30 - 19:25

Core Training
Annette

Donnerstag , 28.09

Freitag , 29.09

09:30 - 10:25

Toning
Natalie

Samstag , 30.09

10:00 - 10:55

Pump
Natalie

Sonntag , 01.10