

Montag , 10.07

18:30 - 19:00

P.I.I.T
Natasha

19:00 - 19:55

BBP (Bauch, Beine, Po) /
Bodytone
Natasha

Dienstag , 11.07

18:00 - 18:55

Pilates
Natalie

19:00 - 19:55

Step
Bärbel

Mittwoch , 12.07

18:30 - 19:25

Core Training
Annette

Donnerstag , 13.07

Freitag , 14.07

09:30 - 10:25

Toning
Natalie

Samstag , 15.07

Sonntag , 16.07