

Montag , 23.09

07:00 - 07:55

Yoga
Vivian

12:15 - 13:00

BBP (Bauch, Beine,
Po) / Bodytone
Cynthia

17:10 - 17:55

Functional Workout
Melanie

18:00 - 18:55

Yoga
Vera

19:05 - 20:00

Pump
Cristian

Dienstag , 24.09

12:15 - 12:45

P.I.I.T
Naima

18:00 - 18:55

Kick Power
Isabelle

19:00 - 19:55

Zumba
Deniz

Mittwoch , 25.09

12:15 - 13:00

BBP (Bauch, Beine,
Po) / Bodytone
Cynthia

17:15 - 18:10

Pilates
Isabelle

18:15 - 19:10

BBP (Bauch, Beine,
Po) / Bodytone
Saskia

19:15 - 20:10

Pump
Saskia

Donnerstag , 26.09

18:00 - 18:55

BBP (Bauch, Beine, Po) /
Bodytone
Angelica

19:00 - 19:55

Pump
Angelica

Freitag , 27.09

12:15 - 13:00

BBP (Bauch, Beine, Po) /
Bodytone
Naima

17:30 - 18:00

Simply Core
Dina

18:10 - 19:05

BBP (Bauch, Beine, Po) /
Bodytone
Dina

Samstag , 28.09

Sonntag , 29.09

10:00 - 10:55

Kick Power
Isabelle