

**Montag , 16.09**

**07:00 - 07:55**

Yoga  
Vivian

**12:15 - 13:00**

BBP (Bauch, Beine, Po) / Bodytone  
Cynthia

**17:10 - 17:55**

Functional Workout  
Melanie

**18:00 - 18:55**

Yoga  
Vera

**19:05 - 20:00**

Pump  
Cristian

**Dienstag , 17.09**

**12:15 - 12:45**

P.I.I.T  
Naima

**18:00 - 18:55**

Kick Power  
Isabelle

**19:00 - 19:55**

Zumba  
Deniz

**Mittwoch , 18.09**

**12:15 - 13:00**

Kick Power  
Isabelle

**17:15 - 18:10**

Pilates  
Isabelle

**Donnerstag , 19.09**

**18:00 - 18:55**

BBP (Bauch, Beine, Po) / Bodytone  
Angelica

**19:00 - 19:55**

Pump  
Angelica

**Freitag , 20.09**

**12:15 - 13:00**

BBP (Bauch, Beine, Po) / Bodytone  
Naima

**17:30 - 18:00**

Simply Core  
Dina

**18:10 - 19:05**

BBP (Bauch, Beine, Po) / Bodytone  
Dina

**Samstag , 21.09**

**09:30 - 10:00**

Yoga für Einsteiger  
Fabienne

**10:05 - 11:00**

Yoga Strength&Flow  
Fabienne

**Sonntag , 22.09**

**10:00 - 10:55**

BBP (Bauch, Beine, Po) / Bodytone  
Melanie