

Montag , 05.08

07:00 - 07:55

Yoga
Vivian

12:15 - 13:00

BBP (Bauch, Beine, Po) / Bodytone
Cynthia

17:10 - 17:55

Functional Workout
Bianca

18:00 - 18:55

Yoga
Vera

19:05 - 20:00

Pump
Franziska

Dienstag , 06.08

18:00 - 18:55

Kick Power
Isabelle

19:00 - 19:55

Zumba
Nicholay

Mittwoch , 07.08

12:15 - 13:00

Kick Power
Isabelle

17:15 - 18:10

Pilates
Isabelle

18:15 - 19:10

BBP (Bauch, Beine, Po) / Bodytone
Bianca

19:15 - 20:10

Pump
Franziska

Donnerstag , 08.08

12:10 - 13:00

Yoga
Olga

18:00 - 18:55

BBP (Bauch, Beine, Po) / Bodytone
Angelica

19:00 - 19:55

Pump
Angelica

Freitag , 09.08

12:15 - 13:00

Pilates
Sonja

17:30 - 18:00

Simply Core
Bianca

18:10 - 19:05

BBP (Bauch, Beine, Po) / Bodytone
Bianca

Samstag , 10.08

Sonntag , 11.08