

Montag , 15.07

07:00 - 07:55

Yoga
Laura

12:15 - 13:00

BBP (Bauch, Beine, Po) / Bodytone
Cynthia

17:10 - 17:55

Functional Workout
Bianca

18:00 - 18:55

Yoga
Vera

19:05 - 20:00

Pump
Cristian

Dienstag , 16.07

12:15 - 12:45

P.I.I.T
Naima

18:00 - 18:55

Kick Power
Isabelle

19:00 - 19:55

Zumba
Deniz

Mittwoch , 17.07

12:15 - 13:00

BBP (Bauch, Beine, Po) / Bodytone
Cynthia

17:15 - 18:10

Pilates
Isabelle

18:15 - 19:10

BBP (Bauch, Beine, Po) / Bodytone
Saskia

19:15 - 20:10

Pump
Saskia

Donnerstag , 18.07

12:10 - 13:00

Yoga
Olga

18:00 - 18:55

BBP (Bauch, Beine, Po) / Bodytone
Angelica

19:00 - 19:55

Pump
Angelica

Freitag , 19.07

12:15 - 13:00

BBP (Bauch, Beine, Po) / Bodytone
Naima

17:30 - 18:00

Simply Core
Bianca

18:10 - 19:05

BBP (Bauch, Beine, Po) / Bodytone
Bianca

Samstag , 20.07

Sonntag , 21.07