

Montag , 01.07

07:00 - 07:55

Yoga
Vivian

12:15 - 13:00

BBP (Bauch, Beine, Po) /
Bodytone
Cynthia

17:15 - 18:00

Functional Workout
Bianca

18:00 - 18:55

Yoga
Vera

19:05 - 20:00

Pump
Cristian

Dienstag , 02.07

12:15 - 12:45

P.I.I.T
Cynthia

19:00 - 19:55

Zumba
Deniz

Mittwoch , 03.07

12:15 - 13:00

BBP (Bauch, Beine, Po) /
Bodytone
Cynthia

17:15 - 18:10

Pilates
Isabelle

18:15 - 19:10

BBP (Bauch, Beine, Po) /
Bodytone
Bianca

Donnerstag , 04.07

12:10 - 13:00

Yoga
Olga

18:00 - 18:55

BBP (Bauch, Beine, Po) /
Bodytone
Jacqueline

19:00 - 19:55

Pump
Jacqueline

Freitag , 05.07

12:15 - 13:00

BBP (Bauch, Beine, Po) /
Bodytone
Naima

17:30 - 18:00

Simply Core
Dina

18:10 - 19:05

BBP (Bauch, Beine, Po) /
Bodytone
Dina

Samstag , 06.07

Sonntag , 07.07