

Montag , 06.05

**07:00 - 07:55**

Yoga  
Vivian

**12:15 - 13:00**

BBP (Bauch, Beine,  
Po) / Bodytone  
Priska

**17:15 - 18:00**

Functional Workout  
Bianca

**18:00 - 18:55**

Yoga  
Vera

**19:05 - 20:00**

Pump  
Cristian

Dienstag , 07.05

**12:15 - 12:45**

P.I.I.T  
Melanie

**18:00 - 18:55**

Kick Power  
Isabelle

**19:00 - 19:55**

Zumba  
Deniz

Mittwoch , 08.05

**12:15 - 13:00**

BBP (Bauch, Beine,  
Po) / Bodytone  
Flavia

**17:15 - 18:10**

Pilates  
Isabelle

**18:15 - 19:10**

BBP (Bauch, Beine,  
Po) / Bodytone  
Saskia

**19:15 - 20:10**

Pump  
Saskia

Donnerstag , 09.05

Freitag , 10.05

**12:15 - 13:00**

BBP (Bauch, Beine, Po) /  
Bodytone  
Naima

**17:30 - 18:00**

Simply Core  
Naima

**18:10 - 19:05**

BBP (Bauch, Beine, Po) /  
Bodytone  
Naima

Samstag , 11.05

Sonntag , 12.05

**10:00 - 10:55**

BBP (Bauch, Beine, Po) /  
Bodytone  
Bianca