

Montag , 01.01

Dienstag , 02.01

12:15 - 13:00

Yoga
Laura

18:00 - 18:55

Kick Power
Isabelle

19:00 - 19:55

Zumba
Deniz

Mittwoch , 03.01

12:15 - 13:00

BBP (Bauch, Beine, Po) / Bodytone
Bianca

17:15 - 18:10

Pilates
Isabelle

18:15 - 19:10

BBP (Bauch, Beine, Po) / Bodytone
Angelica

19:15 - 20:10

Pump
Angelica

Donnerstag , 04.01

12:15 - 12:45

P.I.I.T
Bianca

Freitag , 05.01

12:15 - 13:00

BBP (Bauch, Beine, Po) / Bodytone
Naima

17:30 - 18:00

Simply Core
Melanie

18:10 - 19:05

BBP (Bauch, Beine, Po) / Bodytone
Jady

Samstag , 06.01

Sonntag , 07.01

10:00 - 10:55

BBP (Bauch, Beine, Po) / Bodytone
Luana