

Montag , 25.09

07:00 - 07:55

Yoga
Vivian

12:15 - 12:45

P.I.I.T
Melanie

19:05 - 20:00

Pump
Cristian

Dienstag , 26.09

12:15 - 13:00

Yoga
Olga

18:00 - 18:55

Functional Workout
Bianca

19:10 - 20:05

Zumba
Deniz

Mittwoch , 27.09

12:15 - 13:00

BBP (Bauch, Beine, Po) / Bodytone
Naima

17:15 - 18:10

Pilates
Isabelle

18:15 - 19:10

BBP (Bauch, Beine, Po) / Bodytone
Saskia

19:15 - 20:10

Pump
Saskia

Donnerstag , 28.09

12:15 - 12:45

P.I.I.T
Bianca

18:00 - 18:55

BBP (Bauch, Beine, Po) / Bodytone
Angelica

19:00 - 19:55

Pump
Angelica

Freitag , 29.09

12:15 - 13:00

BBP (Bauch, Beine, Po) / Bodytone
Naima

17:30 - 18:00

Simply Core
Naima

18:10 - 19:05

BBP (Bauch, Beine, Po) / Bodytone
Jady

Samstag , 30.09

Sonntag , 01.10

10:00 - 10:55

Kick Power
Isabelle