

Montag , 11.09

07:00 - 07:55

Yoga
Vivian

12:15 - 12:45

P.I.I.T
Melanie

18:00 - 18:55

Yoga
Neira

19:05 - 20:00

Pump
Cristian

Dienstag , 12.09

12:15 - 13:00

Yoga
Neira

18:00 - 18:55

Functional Workout
Bianca

19:10 - 20:05

Zumba
Deniz

Mittwoch , 13.09

12:15 - 13:00

BBP (Bauch, Beine, Po) / Bodytone
Flavia

17:15 - 18:10

Pilates
Isabelle

18:15 - 19:10

BBP (Bauch, Beine, Po) / Bodytone
Saskia

19:15 - 20:10

Pump
Saskia

Donnerstag , 14.09

12:15 - 12:45

P.I.I.T
Bianca

18:00 - 18:55

BBP (Bauch, Beine, Po) / Bodytone
Saskia

19:00 - 19:55

Pump
Saskia

Freitag , 15.09

12:15 - 13:00

BBP (Bauch, Beine, Po) / Bodytone
Naima

17:30 - 18:00

Simply Core
Naima

18:10 - 19:05

BBP (Bauch, Beine, Po) / Bodytone
Jady

Samstag , 16.09

Sonntag , 17.09

10:00 - 10:55

BBP (Bauch, Beine, Po) / Bodytone
Naima