

Montag , 28.08

07:00 - 07:55

Yoga
Sunethra

12:15 - 12:45

P.I.I.T
Luana

18:00 - 18:55

Yoga
Neira

19:05 - 20:00

Pump
Isabel

Dienstag , 29.08

12:15 - 13:00

Yoga
Neira

18:00 - 18:55

Functional Workout
Bianca

19:10 - 20:05

Zumba
Pilar

Mittwoch , 30.08

12:15 - 13:00

BBP (Bauch, Beine, Po) /
Bodytone
Flavia

17:15 - 18:10

Pilates
Isabelle

18:15 - 19:10

BBP (Bauch, Beine, Po) /
Bodytone
Saskia

Donnerstag , 31.08

12:15 - 12:45

P.I.I.T
Luana

18:00 - 18:55

BBP (Bauch, Beine, Po) /
Bodytone
Angelica

19:00 - 19:55

Pump
Angelica

Freitag , 01.09

12:15 - 13:00

BBP (Bauch, Beine, Po) /
Bodytone
Naima

17:30 - 18:00

Simply Core
Dina

18:10 - 19:05

BBP (Bauch, Beine, Po) /
Bodytone
Dina

Samstag , 02.09

Sonntag , 03.09

10:00 - 10:55

P.I.I.T Special
Melanie