

Montag , 07.08

07:00 - 07:55

Yoga
Vivian

12:15 - 12:45

P.I.I.T
Luana

18:00 - 18:55

Yoga
Neira

19:05 - 20:00

Pump
Cristian

Dienstag , 08.08

12:15 - 13:00

Yoga
Neira

18:00 - 18:50

Pump
Franziska

19:10 - 20:05

Zumba
Pilar

Mittwoch , 09.08

12:15 - 13:00

BBP (Bauch, Beine, Po) /
Bodytone
Saskia

17:15 - 18:10

Pilates
Isabelle

18:15 - 19:10

BBP (Bauch, Beine, Po) /
Bodytone
Saskia

Donnerstag , 10.08

12:15 - 12:45

P.I.I.T
Renate

18:00 - 18:55

BBP (Bauch, Beine, Po) /
Bodytone
Saskia

19:00 - 19:55

Pump
Saskia

Freitag , 11.08

12:15 - 13:00

BBP (Bauch, Beine, Po) /
Bodytone
Naima

17:30 - 18:00

Simply Core
Naima

18:10 - 19:05

BBP (Bauch, Beine, Po) /
Bodytone
Naima

Samstag , 12.08

Sonntag , 13.08