

Montag , 13.03

07:00 - 07:55

Yoga
Elissa

12:15 - 12:45

P.I.I.T
Luana

18:00 - 18:55

Yoga
Elissa

19:05 - 20:00

Pump
Cristian

Dienstag , 14.03

12:15 - 13:00

Yoga
Sunethra

18:00 - 18:55

Pump
Flavia

19:10 - 20:05

Zumba
Deniz

Mittwoch , 15.03

12:15 - 13:00

*BBP (Bauch, Beine, Po) /
Bodytone*
Flavia

17:00 - 17:55

Pilates
Isabelle

18:15 - 19:10

*BBP (Bauch, Beine, Po) /
Bodytone*
Saskia

Donnerstag , 16.03

12:15 - 12:45

P.I.I.T
Renate

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Angelica

19:00 - 19:55

Pump
Angelica

Freitag , 17.03

12:15 - 13:00

*BBP (Bauch, Beine, Po) /
Bodytone*
Cynthia

17:30 - 18:00

Simply Core
Dina

18:10 - 19:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Dina

Samstag , 18.03

Sonntag , 19.03

10:00 - 10:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Angelica