

Montag , 26.12

Dienstag , 27.12

12:15 - 13:00

Yoga
Isabelle

18:00 - 18:55

Pump
Flavia

19:10 - 20:05

Zumba
Deniz

Mittwoch , 28.12

12:15 - 13:00

BBP (Bauch, Beine, Po) /
Bodytone
Flavia

17:15 - 18:10

Pilates
Isabelle

Donnerstag , 29.12

12:15 - 12:45

P.I.I.T
Luana

18:00 - 18:55

BBP (Bauch, Beine, Po) /
Bodytone
Angelica

19:05 - 20:00

Pump
Angelica

Freitag , 30.12

12:15 - 13:00

BBP (Bauch, Beine, Po) /
Bodytone
Flavia

17:30 - 18:00

Simply Core
Dina

18:10 - 19:05

BBP (Bauch, Beine, Po) /
Bodytone
Dina

Samstag , 31.12

Sonntag , 01.01