

Montag , 28.11

07:00 - 07:55

Yoga
Elissa

12:15 - 12:45

P.I.I.T
Cynthia

18:00 - 18:55

Yoga
Elissa

19:05 - 20:00

Pump
Cristian

Dienstag , 29.11

12:15 - 13:00

Yoga
Neira

18:00 - 18:55

Pump
Cristian

19:10 - 20:05

Zumba
Deniz

Mittwoch , 30.11

12:15 - 13:00

BBP (Bauch, Beine, Po) /
Bodytone
Cynthia

17:15 - 18:10

Pilates
Isabelle

18:15 - 19:10

BBP (Bauch, Beine, Po) /
Bodytone
Saskia

Donnerstag , 01.12

12:15 - 12:45

P.I.I.T
Renate

18:00 - 18:55

BBP (Bauch, Beine, Po) /
Bodytone
Angelica

19:05 - 20:00

Pump
Angelica

Freitag , 02.12

12:15 - 13:00

BBP (Bauch, Beine, Po) /
Bodytone
Cynthia

17:30 - 18:00

P.I.I.T
Melanie

18:10 - 19:05

BBP (Bauch, Beine, Po) /
Bodytone
Cynthia

Samstag , 03.12

Sonntag , 04.12

10:00 - 11:30

Special Kickpower meets
Functional
Team