

Montag , 21.11

07:00 - 07:55

Yoga
Elissa

12:15 - 12:45

P.I.I.T
Cynthia

18:00 - 18:55

Yoga
Elissa

19:05 - 20:00

Pump
Cristian

Dienstag , 22.11

12:15 - 13:00

Yoga
Olga

18:00 - 18:55

Pump
Flavia

19:10 - 20:05

Zumba
Deniz

Mittwoch , 23.11

12:15 - 13:00

BBP (Bauch, Beine, Po) /
Bodytone
Flavia

17:15 - 18:10

Pilates
Isabelle

18:15 - 19:10

BBP (Bauch, Beine, Po) /
Bodytone
Saskia

Donnerstag , 24.11

12:15 - 12:45

P.I.I.T
Renate

18:00 - 18:55

BBP (Bauch, Beine, Po) /
Bodytone
Angelica

19:05 - 20:00

Pump
Angelica

Freitag , 25.11

12:15 - 13:00

BBP (Bauch, Beine, Po) /
Bodytone
Cynthia

18:10 - 19:05

BBP (Bauch, Beine, Po) /
Bodytone
Jennifer

Samstag , 26.11

Sonntag , 27.11

10:00 - 10:55

BBP (Bauch, Beine, Po) /
Bodytone
Cynthia