

Montag , 17.10

07:00 - 07:55

Yoga
Elissa

12:15 - 12:45

P.I.I.T
Cynthia

18:00 - 18:55

Yoga
Elissa

19:05 - 20:00

Pump
Cristian

Dienstag , 18.10

18:00 - 18:55

Pump
Florence

19:10 - 20:05

Zumba
Deniz

Mittwoch , 19.10

12:15 - 13:00

Yoga
Neira

17:15 - 18:10

Pilates
Isabelle

18:15 - 19:10

BBP (Bauch, Beine, Po) /
Bodytone
Saskia

Donnerstag , 20.10

12:15 - 12:45

P.I.I.T
Renate

18:00 - 18:55

BBP (Bauch, Beine, Po) /
Bodytone
Flavia

19:05 - 20:00

Pump
Flavia

Freitag , 21.10

12:15 - 13:00

BBP (Bauch, Beine, Po) /
Bodytone
Cynthia

17:30 - 18:00

P.I.I.T
Flavia

18:10 - 19:05

BBP (Bauch, Beine, Po) /
Bodytone
Flavia

Samstag , 22.10

Sonntag , 23.10

10:00 - 10:55

BBP (Bauch, Beine, Po) /
Bodytone
Fabienne