

Montag , 04.08

09:15 - 10:10

Pilates
Claudia

18:15 - 18:45

P.I.I.T
Claude

19:00 - 19:55

Pump
Ramona

20:05 - 21:00

Rückenfit
Claudia

Dienstag , 05.08

09:00 - 09:55

BBP (Bauch, Beine, Po) / Bodytone
Andrea

10:00 - 10:55

Deep Stretch
Andrea

19:00 - 19:55

Fitboxe
Sandy

20:00 - 20:55

Power Yoga
Klaudia

Mittwoch , 06.08

08:30 - 09:25

Pilates
Andrea

09:35 - 10:30

Pump
Jasmin

18:30 - 19:25

Pump
Sandy

Donnerstag , 07.08

09:00 - 09:55

Zumba
Petra

10:00 - 10:55

Yoga
Nevin

18:00 - 18:55

Zumba
Petra

19:05 - 20:00

Fitboxe
Sandy

Freitag , 08.08

08:30 - 09:25

Yoga
Michaela

09:30 - 10:25

BBP (Bauch, Beine, Po) / Bodytone
Diana

Samstag , 09.08

Sonntag , 10.08