

Montag , 09.06

Dienstag , 10.06

09:00 - 09:55

BBP (Bauch, Beine, Po) / Bodytone
Andrea

10:00 - 10:55

Deep Stretch
Andrea

19:00 - 19:55

Fitboxe
Arlette

20:00 - 20:55

Power Yoga
Silvana

Mittwoch , 11.06

08:30 - 09:25

Pilates
Andrea

09:35 - 10:30

Pump
Jasmin

18:30 - 19:25

Pump
Sandy

19:00 - 19:55

Cycling
Team

Donnerstag , 12.06

09:00 - 09:55

Zumba
Petra

10:00 - 10:55

Yoga
Nevin

18:00 - 18:55

Zumba
Petra

19:05 - 20:00

Fitboxe
Sandy

Freitag , 13.06

08:30 - 09:25

Yoga
Michaela

09:30 - 10:25

BBP (Bauch, Beine, Po) / Bodytone
Diana

Samstag , 14.06

Sonntag , 15.06