

Montag , 21.04

Dienstag , 22.04

09:00 - 09:55

BBP (Bauch, Beine, Po) / Bodytone
Nadine

10:00 - 10:55

Deep Stretch
Nadine

19:00 - 19:55

Fitboxe
Arlette

20:00 - 20:55

Power Yoga
Liliya

Mittwoch , 23.04

08:30 - 09:25

Pilates
Andrea

09:35 - 10:30

Pump
Jasmin

18:30 - 19:25

Pump
Sandy

19:00 - 19:55

Cycling
Agostino

Donnerstag , 24.04

09:00 - 09:55

Zumba
Jelena

10:00 - 10:55

Yoga
Jiyeun

18:00 - 18:55

Zumba
Jelena

19:05 - 20:00

Fitboxe
Sandy

20:15 - 21:10

Cycling
Antonietta

Freitag , 25.04

08:30 - 09:25

Yoga
Michaela

09:30 - 10:25

BBP (Bauch, Beine, Po) / Bodytone
Diana

Samstag , 26.04

Sonntag , 27.04