

Montag , 01.01

Dienstag , 02.01

**10:00 - 11:00**

*Les Mills Bodypump*  
Eszter

Mittwoch , 03.01

**09:30 - 10:25**

*Pilates*  
Sonja

**12:05 - 12:35**

*Les Mills CORE*  
Sonja

**12:35 - 13:05**

*Les Mills Grit*  
Sonja

**18:30 - 19:30**

*Les Mills Bodypump*  
Eszter

**19:45 - 20:40**

*Pilates*  
Sonja

Donnerstag , 04.01

**12:05 - 13:00**

*Pilates*  
Sonja

**18:30 - 19:30**

*Martial Art Fit*  
Dirk

**18:30 - 19:25**

*Cycling*  
Rene

**19:40 - 20:35**

*Faszien Yoga*  
Olga

Freitag , 05.01

**09:00 - 09:55**

*Faszien-Training*  
Carole

**12:05 - 13:05**

*Les Mills Bodypump*  
Elena

Samstag , 06.01

**09:30 - 10:30**

*Les Mills Bodypump*  
Monika

Sonntag , 07.01

**10:00 - 11:00**

*Les Mills Bodypump*  
Eszter