

Montag , 25.03

09:00 - 09:55

Herzgruppe
Andrea

09:15 - 10:10

Pilates
Cynthia

10:30 - 11:25

Herzgruppe
Andrea

10:30 - 11:25

Physio Fit
Team

12:15 - 13:00

BBP (Bauch,
Beine, Po) /
Bodytone
Petra

18:00 - 18:55

Functional
Workout
Lorna

18:00 - 18:55

Yoga
Regine

19:00 - 19:55

Herzgruppe
Fabienne

Dienstag , 26.03

08:00 - 08:55

Herzgruppe
Andrea

09:00 - 09:55

Herzgruppe
Andrea

10:30 - 11:25

Herzgruppe
Andrea

12:15 - 13:00

Cycling
Roberto

14:00 - 14:55

Herzgruppe
Andrea

18:00 - 18:55

Cycling
Petra

19:00 - 19:55

TRX
Jerom

19:15 - 20:00

Pilates
Ines

Mittwoch , 27.03

09:10 - 10:05

Yoga
Laura

12:15 - 13:00

Pump
Bärbel

18:00 - 18:55

Functional Workout
Raphael

19:00 - 19:55

Functional Workout
Raphael

Donnerstag , 28.03

08:00 - 08:55

Herzgruppe
Andrea

09:00 - 09:55

Herzgruppe
Andrea

10:30 - 11:25

Herzgruppe
Andrea

12:15 - 13:00

TRX
Raphael

14:00 - 14:55

Herzgruppe
Andrea

Freitag , 29.03

10:30 - 11:30

Cycling Special
Roberto

11:30 - 12:30

Cycling Special
Petra

Samstag , 30.03

10:00 - 10:55

Functional Workout
Fabienne

10:45 - 11:40

Yoga
Pia

Sonntag , 31.03

09:30 - 10:25

Cycling
Kathrin

10:45 - 11:40

Pump
Nicolle