

Montag , 29.05

09:00 - 09:55

Herzgruppe
Andrea

10:30 - 11:25

Herzgruppe
Andrea

19:00 - 19:55

Herzgruppe
Andrea

Dienstag , 30.05

08:00 - 08:55

Herzgruppe
Andrea

09:00 - 09:55

Herzgruppe
Andrea

10:30 - 11:25

Herzgruppe
Andrea

12:15 - 13:00

Cycling
Peter

14:00 - 14:55

Herzgruppe
Andrea

17:30 - 18:25

TRX
Jerom

18:00 - 18:55

Cycling
Laura

19:15 - 19:55

Pilates
Ines

Mittwoch , 31.05

09:00 - 09:55

Herzgruppe
Andrea

09:10 - 10:05

Yoga
Susan

10:30 - 11:15

Physio Fit
Marie

12:15 - 13:00

Pump
Bärbel

18:00 - 18:55

Functional Workout
David

Donnerstag , 01.06

08:00 - 08:55

Herzgruppe
Andrea

09:00 - 09:55

Herzgruppe
Andrea

10:30 - 11:25

Herzgruppe
Andrea

12:15 - 13:00

TRX
David

14:00 - 14:55

Herzgruppe
Andrea

Freitag , 02.06

12:15 - 13:00

Pump
Nicolle

18:00 - 18:55

Functional Workout
David

Samstag , 03.06

09:30 - 10:25

Zumba
Idalmis

10:00 - 10:55

Full Body Workout
Lorna

10:45 - 11:40

Yoga
Ines

Sonntag , 04.06

09:30 - 10:25

Cycling
Peter