

**Montag , 04.07**

**09:05 - 10:00**

*Pilates*  
Cordelia

**18:00 - 18:55**

*TRX*  
Marc

**20:05 - 21:00**

*TRX*  
Marc

**Dienstag , 05.07**

**09:15 - 10:10**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Jeong Min

**18:00 - 18:55**

*Pilates*  
Claudia

**Mittwoch , 06.07**

**09:15 - 10:10**

*TRX*  
Marc

**18:45 - 19:40**

*Sypoba*  
Beat

**Donnerstag , 07.07**

**09:15 - 10:10**

*Pilates*  
Silvana

**18:40 - 19:35**

*TRX*  
Marc

**19:50 - 20:45**

*TRX*  
Marc

**Freitag , 08.07**

**09:15 - 10:10**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Andrea

**Samstag , 09.07**

**Sonntag , 10.07**