

Montag , 25.09

09:05 - 10:00

Pilates
Melanie

10:10 - 11:05

Pilates
Melanie

18:00 - 18:55

TRX
Marc

20:05 - 21:00

TRX
Marc

Dienstag , 26.09

18:00 - 18:55

Pilates
Claudia

Mittwoch , 27.09

09:15 - 10:10

TRX
Marc

18:50 - 19:45

Sypoba
Ilona

Donnerstag , 28.09

09:15 - 10:10

Pilates
Andrea

18:40 - 19:35

TRX
Adam

19:50 - 20:45

TRX
Adam

Freitag , 29.09

09:15 - 10:10

*BBP (Bauch, Beine, Po) /
Bodytone*
Andrea

18:30 - 19:25

Pump
Ursi

Samstag , 30.09

Sonntag , 01.10