

Montag , 06.03

09:05 - 10:00

Pilates
Cordelia

10:10 - 11:05

Pilates
Cordelia

18:00 - 18:55

TRX
Marc

20:05 - 21:00

TRX
Marc

Dienstag , 07.03

18:00 - 18:55

Pilates
Claudia

Mittwoch , 08.03

09:15 - 10:10

TRX
Marc

17:45 - 18:40

Fighttime 55'
Patricia

18:50 - 19:45

Sypoba
Ilona

Donnerstag , 09.03

09:15 - 10:10

Pilates
Silvana

18:40 - 19:35

TRX
Marc

19:50 - 20:45

TRX
Marc

Freitag , 10.03

09:15 - 10:10

*BBP (Bauch, Beine, Po) /
Bodytone*
Andrea

Samstag , 11.03

Sonntag , 12.03