

Montag , 19.12

09:05 - 10:00

Pilates
Cordelia

10:10 - 11:05

Pilates
Cordelia

Dienstag , 20.12

18:00 - 18:55

Pilates
Claudia

Mittwoch , 21.12

09:15 - 10:10

TRX
Marc

17:45 - 18:40

Fighttime 55'
Patricia

18:45 - 19:40

Sypoba
Beat

Donnerstag , 22.12

09:15 - 10:10

Pilates
Erica

18:40 - 19:35

TRX
Marc

19:50 - 20:45

TRX
Marc

Freitag , 23.12

09:15 - 10:10

*BBP (Bauch, Beine, Po) /
Bodytone*
Andrea

Samstag , 24.12

Sonntag , 25.12