

Montag , 24.10

09:05 - 10:00

Pilates
Cordelia

10:10 - 11:05

Pilates
Cordelia

18:00 - 18:55

TRX
Marc

20:05 - 21:00

TRX
Marc

Dienstag , 25.10

18:00 - 18:55

Pilates
Claudia

Mittwoch , 26.10

09:15 - 10:10

TRX
Marc

17:45 - 18:40

Fighttime
Patricia

Donnerstag , 27.10

09:15 - 10:10

Pilates
Silvana

18:40 - 19:35

TRX
Adam

19:50 - 20:45

TRX
Adam

Freitag , 28.10

09:15 - 10:10

*BBP (Bauch, Beine, Po) /
Bodytone*
Andrea

Samstag , 29.10

Sonntag , 30.10