

**Montag , 03.10**

**09:05 - 10:00**

*Pilates*  
Melanie

**10:10 - 11:05**

*Pilates*  
Melanie

**18:00 - 18:55**

*TRX*  
Marc

**20:05 - 21:00**

*TRX*  
Marc

**Dienstag , 04.10**

**09:15 - 10:10**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Jeong Min

**18:00 - 18:55**

*Pilates*  
Claudia

**Mittwoch , 05.10**

**09:15 - 10:10**

*TRX*  
Marc

**18:45 - 19:40**

*Sypoba*  
Beat

**Donnerstag , 06.10**

**18:40 - 19:35**

*TRX*  
Marc

**19:50 - 20:45**

*TRX*  
Marc

**Freitag , 07.10**

**09:15 - 10:10**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Andrea

**Samstag , 08.10**

**Sonntag , 09.10**