

Montag , 12.09

09:05 - 10:00

Pilates
Cordelia

10:10 - 11:05

Pilates
Cordelia

18:00 - 18:55

TRX
Marc

20:05 - 21:00

TRX
Marc

Dienstag , 13.09

09:15 - 10:10

*BBP (Bauch, Beine, Po) /
Bodytone*
Jeong Min

18:00 - 18:55

Pilates
Claudia

Mittwoch , 14.09

09:15 - 10:10

TRX
Marc

18:45 - 19:40

Sypoba
Beat

Donnerstag , 15.09

09:15 - 10:10

Pilates
Silvana

Freitag , 16.09

Samstag , 17.09

Sonntag , 18.09