



Lundi , 21.08

12:15 - 12:45	18:30 - 19:00
<i>Cardio</i>	<i>Total Body</i>
Team	Team

Mardi , 22.08

09:00 - 09:30
<i>Abdos</i>
Team

Mercredi , 23.08

12:15 - 12:45	18:30 - 19:00
<i>Total Body</i>	<i>Cardio</i>
Team	Team

Jeudi , 24.08

Vendredi , 25.08

09:00 - 09:30	12:15 - 12:45
<i>Abdos</i>	<i>Cardio</i>
Team	Team

Samedi , 26.08

Dimanche , 27.08