



Lundi , 26.06

12:15 - 12:45

Cardio
Team

18:30 - 19:00

Total Body
Team

Mardi , 27.06

09:00 - 09:30

Abdos
Team

Mercredi , 28.06

12:15 - 12:45

Total Body
Team

18:30 - 19:00

Cardio
Team

Jeudi , 29.06

Vendredi , 30.06

09:00 - 09:30

Abdos
Team

12:15 - 12:45

Cardio
Team

Samedi , 01.07

Dimanche , 02.07