



Lundi , 12.06

12:15 - 12:45

Cardio
Team

18:30 - 19:00

Total Body
Team

Mardi , 13.06

09:00 - 09:30

Abdos
Team

Mercredi , 14.06

12:15 - 12:45

Total Body
Team

18:30 - 19:00

Cardio
Team

Jeudi , 15.06

Vendredi , 16.06

09:00 - 09:30

Abdos
Team

12:15 - 12:45

Cardio
Team

Samedi , 17.06

Dimanche , 18.06