



Lundi , 05.06

12:15 - 12:45

Cardio
Team

18:30 - 19:00

Total Body
Team

Mardi , 06.06

09:00 - 09:30

Abdos
Team

Mercredi , 07.06

12:15 - 12:45

Total Body
Team

18:30 - 19:00

Cardio
Team

Jeudi , 08.06

Vendredi , 09.06

09:00 - 09:30

Abdos
Team

12:15 - 12:45

Cardio
Team

Samedi , 10.06

Dimanche , 11.06