



Lundi , 29.05

12:15 - 12:45

Cardio
Team

18:30 - 19:00

Total Body
Team

Mardi , 30.05

09:00 - 09:30

Abdos
Team

Mercredi , 31.05

12:15 - 12:45

Total Body
Team

18:30 - 19:00

Cardio
Team

Jeudi , 01.06

Vendredi , 02.06

09:00 - 09:30

Abdos
Team

12:15 - 12:45

Cardio
Team

Samedi , 03.06

Dimanche , 04.06