



Lundi , 27.02

12:15 - 12:45	18:30 - 19:00
<i>Cardio</i>	<i>Total Body</i>
Team	Team

Mardi , 28.02

09:00 - 09:30
<i>Abdos</i>
Team

Mercredi , 01.03

12:15 - 12:45	18:30 - 19:00
<i>Total Body</i>	<i>Cardio</i>
Team	Team

Jeudi , 02.03

Vendredi , 03.03

09:00 - 09:30	12:15 - 12:45
<i>Abdos</i>	<i>Cardio</i>
Team	Team

Samedi , 04.03

Dimanche , 05.03